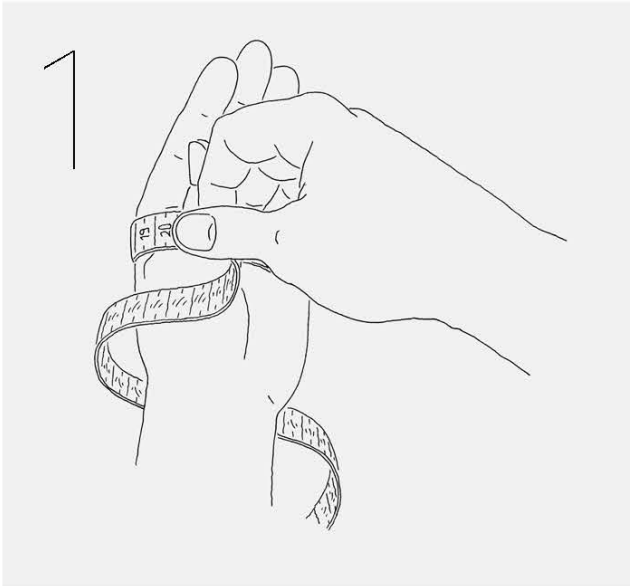


Cuff practice sheet

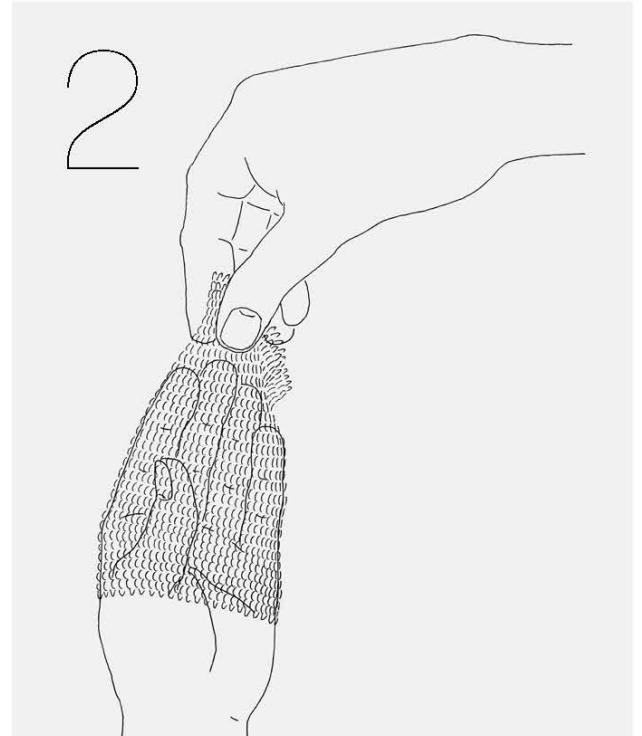


Measure

To determine your size*, measure your hand at its widest part (thumb inwards), Then refer to the table for the corresponding measurements.

**Our sizes are indicative, with a tolerance of ± 5 mm. They may vary from one series to another.*

size	cm
0	19
1	20
2	21
3	22
4	23
5	24
6	25
7	26
8	27



Putting on

To put on your cuff, slide it along your fingers and over your hand, making sure that the chain mail does not fold up.

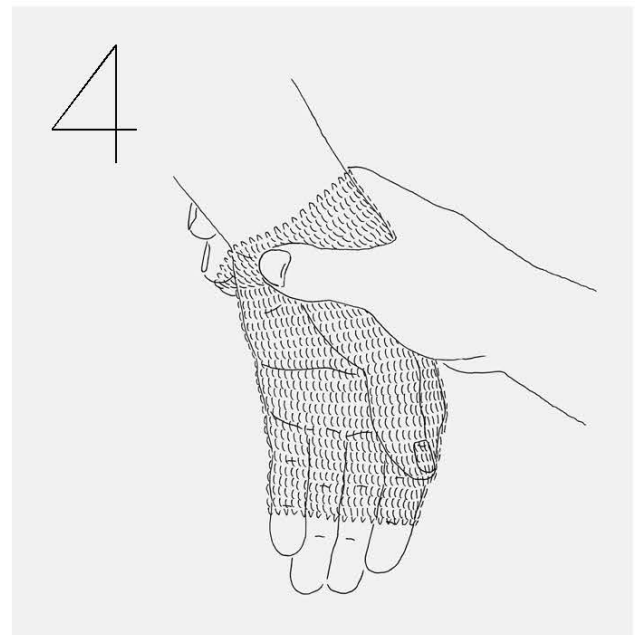
We recommend wearing the smallest size you can put on. A cuff that is too large will tend to run lower on your hand.



Place

Continue to slide the cuff along your hand until it fits naturally on your wrist.

Chainmail is a strong material, which you can apply reasonable pressure on if necessary



Removing

To remove your cuff, slide it along your hand and follow the movement.

To ease the process, make sure that the chain mail does not fold up.

